

monnaie cryptographique, il est préférable de vérifier l'honnêteté du vendeur / service, de se familiariser avec les commentaires des autres acheteurs, etc. L'acheteur peut transférer de l'argent sur le site «faux» ou «phishing», qui disparaîtra le lendemain, et ne rien obtenir ou conclure un accord avec des tiers fraudeurs.

Donc, résumant tout ce qui précède, on tient à dire qu'à l'heure actuelle la cryptologie est un phénomène très dangereux. D'une part, les gens gagnent beaucoup d'argent et, d'autre part, ce système peut cesser de fonctionner en un jour. Ensuite, les conséquences peuvent être terribles, car un grand nombre de personnes met de l'argent dans ces soi-disant «bitcoins».

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TIME MANAGEMENT AS THE KEY TO SUCCESS

Richard Oldington, an English writer, said: "Time is a mirage that shrinks in moments of happiness and stretches out in the hours of suffering." But indeed, it is impossible to measure the flow of time and even more difficult to give it the price. Why? Because it's priceless. If you do not try, you will not return any minute. That is why it is important to be able to own your own time. In order not to overtake the clock arrow hoping to change something. There is a whole science that teaches the right to dispose of time-time management.

Time management is the process of organizing and planning how to divide your time between specific activities.[1] Time management is the key to success in the workplace as well as in our personal lives, without proper time management you cannot meet your daily goals or finish your work on time. You will ultimately fail in your business and your life will be filled with stress.

Planning is the key to making sure that your time is spent efficiently and effectively. You should bargain a time, the same time every day or night to assess your goals and create an effective list of the activities that you need to achieve that day.[2]

You have to first look at the big picture. Get a handle on why managing your time effectively is important, and what you are going to gain from it. You can get started by reviewing these **5 reasons why time management is crucial:**

1. Time is limited. No matter how you slice it, there are only 24 hours in a day. That applies to you, and to your coworker who only seems able to do half the amount of work you do. But it also applies to the former coworker who consistently accomplishes more than you, and was promoted as a result. If you want to rise through the ranks, you have to acknowledge the importance of finding a way to manage this limited resource.

2. You can accomplish more with less effort. When you learn to take control of your time, you improve your ability to focus. And with increased focus comes enhanced efficiency, because you don't lose momentum. You'll start to breeze through tasks more quickly (the workday will also seem to fly by).

3. Reduce stress. When you don't have control of your time, it's easy to end up feeling rushed and overwhelmed. And when that happens, it can be hard to figure out how long it's going to take to complete a task. (Think of a time when you were about to miss a deadline and were frantically trying to finish the project. If someone dumped a surprise on your desk at that moment and asked you how long it would take to finish the surprise task, how could you even begin to answer their question?) Once you learn how to manage your time, you no longer subject yourself to that level of stress. Besides it being better for your health, you have a clearer picture of the demands on your time. You're better able to estimate how long a given task will take you to complete, and you know you can meet the deadline.

4. Free time is necessary. Everyone needs time to relax and unwind. Unfortunately, though, many of us don't get enough of it. Between jobs, family responsibilities, errands, and upkeep on the house and the yard, most of us are

hard-pressed to find even 10 minutes to sit and do nothing. Having good time management skills helps you find that time. When you're busy, you're getting more done. You accumulate extra time throughout your day that you can use later to relax, unwind, and prepare for a good night's sleep.

5. Self-discipline is valuable. When you practice good time management, you leave no room for procrastination. The better you get at it, the more self-discipline you learn. This is a valuable skill that will begin to impact other areas of your life where a lack of discipline has kept you from achieving a goal.[3]

6. You get to decide where your time goes. You can either spend it moving forward, or you can spend it putting out fires. You decide. And if you don't decide, others will decide for you.

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THE SHADOW ECONOMY

The shadow (underground) economy plays a major role in many countries. People evade taxes and regulations by working in the shadow economy or by employing people illegally. This is unregulated economic activity can result in reduced tax revenue and public goods and services, lower tax morale and less tax compliance, higher control costs, and lower economic growth rates.